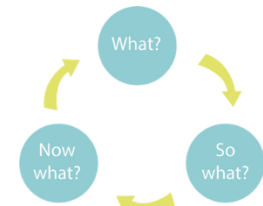# What? … So What? … Now What?

What?
Task: Describe in detail what you experienced or learned.
Potential prompts for an experience (community engagement, change effort):
- What happened? What did you observe?
- What issue is being addressed or population is being served?
- What was good/bad about the experience?
- What did you learn from the experience?
- What part of your experience was most challenging?
- What part did you find surprising?

Potential prompts for information you encounter (in a book, articles, movie, website, lecture, etc.):
- What are the main ideas of the information you engaged?
- What issues does this information address?
- What are the strengths and limitations of the ideas you encountered?
- What did you already know about the topic and how did your engagement with new material interact with that previous knowledge?
- What questions remain unanswered for you regarding this material/topic?

So What?
Task: Describe why this experience or learning is significant.
Potential prompts for an experience and/or information you encounter:
- Why is this experience or learning important?
- What critical questions does this cause you to ask?
- What made an impact on you?
- What impact might this have on others, or on related situations or society as a whole?
- What emotions does it evoke? How does it make you feel?
- What values, opinions, decisions have been made or changed through this experience?
- How did this experience or learning clarify, expand, or create an interest?
- What impacts the way you view the situation/experience?
- What are some of the pressing needs/issues related to this project/topic/people/community?
- How does this project or learning address those needs?
- How has your understanding of the project/topic/people/community changed through your participation in this project?

Now What?
Task: Describe next steps and how you will apply this moving forward.
Potential prompts for an experience and/or information you encounter:
- How will you apply what you learned from your experience/learning?
- What would you like to learn more about, related to this project or issue?
- What follow-up is needed to address any challenges or difficulties?
- What information can you share with your peers or the community?
- How can you continue your involvement or learning with this social issue?
- How will your efforts or learning contribute to social change?
- How will your efforts on this project contribute to your career?
- How can society better address the problem identified?
- Where do you go from here? What is the next step in the process?

Sources include:
Rolfe, G., Freshwater, D., Jasper, M. (2001) *Critical reflection in nursing and the helping professions: A user's guide.* Basingstoke: Palgrave Macmillan.
https://cetl.uconn.edu/what-so-what-now-what-model/# | http://www.liberatingstructures.com/9-what-so-what-now-what-w/